

Information

Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday** inside the **Front Office**.

Exercise Equipment

Exercise Equipment is available for use/sign out in the **Lifestyle Office**. Please see Elsie if you are interested in taking advantage of the equipment.

Trust Accounts

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:00am to 11:00am** and **Thursdays from 1:30pm to 2:30pm**.

"Hair by the Bay" Salon Hours

Tuesdays 4:00 pm to 8:00 pm
Wednesdays 10:00 am to 4:00 pm
Thursdays 10:00 am to 4:00 pm

Book an appointment in person or by phone
705-812-2122

Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Stackhouse, Office Manager - theresa@simcoeterrace.com

Monica Mosher RPN, Director of Wellness - monica@simcoeterrace.com

Carol Scott, Dietary Manager - carol@simcoeterrace.com

Elsie Montgomery, Lifestyle Coordinator - elsie@simcoeterrace.com



Simcoe Terrace Retirement Residence

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Simcoe Terrace Retirement Residence

October 2019 Issue



The Terrace Tribune

Message from the GM

Summer is officially over and Fall is upon us. My favourite time of year. Leaves, however, have begun to fall and that means many hours of raking for me at home. Good exercise.

Changes in the Food and Beverage Department again. Long time, well liked, and dedicated employee, Carol Scott has assumed supervision of all things food related, effective September 16th. Congratulations Carol.

Changes also to Lifestyle (Activities) personnel. Elsie Montgomery has taken over as Activity Coordinator with Sabrina Andreopoulos capably assisting. Sabrina will still be doing some nursing duties as well.

Congratulations and good luck and thank you to these ladies for their dedication.

Air conditioners will be removed as soon as Amber can get to them.

Take care everybody! Michael Ayers, General Manager

October Activities

We have many fun activities planned this month. Some of which include the ever popular shuffleboard, darts, ladder ball, bean bag toss, washer toss, floor curling, bocce ball, croquet, bingo, etc.

In an effort to encourage all residents to participate in a stress free, non competitive environment; we have decided to no longer post high scores.

Special Services

Please feel free to sign up in the Leisure and Lifestyles binder at the front desk for some of our special services offered.

Esthetician: Oct 6th, 11th, 14th

Foot Care: Oct 28th

Resident Council

Resident Council will be hosting a 50/50 draw in the front lounge, date is to be decided.

Half of the proceeds will go to the winner and the other half to Resident Council for House Events!

Welcome to ST!

Simcoe Terrace welcomes new residents on a monthly basis, be sure to look out for new faces and provide a warming welcome!

Highlights of the Month!

Resident Meeting Schedule:

Resident General Meeting: Tuesday, October 15th at 1:30pm (AR)

Programs Chat: Wednesday, October 2nd at 2:15pm (AR)

Food for Thought: October 1st at 1:30pm (Library)

October Outings

Please Sign up for ALL OUTINGS in the Leisure and Lifestyle Binder Located on the Reception Desk

October 10th @ 12PM- A walk to the Italian Bakery for Lunch! (prices range from \$8-\$15 per meal)

October 23rd @ 6pm- Travel to Discovery Harbour for their famous Pumpkin-Inferno Display. See thousands of carved, lit pumpkins. \$8 admission.

Supper will be given in trays at 5pm to your room.

Special Events

October 1st @ 10:30- Laughter Yoga in the (AR)

October 2nd @ 3:00pm- Meet N Greet w/ Conservative representative Doug Shipley (TR)

October 10th @ 3:00pm- Meet N Greet w/ Liberal representative Brian Kalliecharan (TR)

@ 3:00pm- Meet N Greet with NDP representative Dan Janssen (TR)

October 31st @ 12:30pm- Staff and Resident Halloween Costume Contest (DR)

Join Dale McFarling Saturday's for Entertainment @ 2:00pm (AR)

Keep your eyes peeled for upcoming Thanksgiving and Halloween related activities throughout the month of October!